

SUDI – Sudden unexpected death in Infants

Safe sleep messages & resources when
working with families –

[Barts Health Trust and North East London](#)

Sepsis

Recognising early signs of Sepsis call 111 if you are worried at
all about your child

[Symptoms of sepsis - NHS \(www.nhs.uk\)](#)

Safety around Water

Keep your children safe and
watch them around:


- Containers in the garden and fish pond
- Swimming pools, beaches
- Baths, sinks
- Rivers, canals, open water

[Water safety](#)



UK Emergency numbers

DIAL

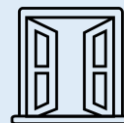
999 Emergency call is usually more effective than calling
to nearby GP surgeries or Emergency Department 

DIAL

112 is the pan-European equivalent to 999 and can be
used in the UK.

Know your emergency services number when abroad

Safety - Windows and falls



Clear away from a window area to prevent climbing
Supervision of young children

Use [window locks](#) to prevent large gaps
[Window safety flyer](#)

CDOP North East London

Waltham Forest, Tower Hamlets, Newham,
City and Hackney

NHS advice helpline 111

If you are worried about your child / family member

Obesity

Supporting young adults who are very overweight to
reduce body fat could prevent future deaths



[What can I do if my child is very overweight? - NHS
\(www.nhs.uk\)](#)

Safety – when travelling abroad and using car seats:

Ensure seat secure
Front facing seats to be secure in the back

Child car seats –[the law UK](#) and [abroad](#)

